



Senior Kinship  
Program

# Senior Kinship Program

*Good for you. Good for your community.*



## The Senior Kinship Program

connects volunteers to seniors living in Anoka County. Volunteers may provide assistance and friendship, companionship and support, and transportation to appointments and errands, and participate in activities and outings. ACCAP's Senior Kinship Program strives to help people to remain independent in their homes and to provide a helping hand to Anoka County senior residents that may be isolated or home bound.

*"Volunteers are the only human beings on the face of the earth who reflect this nation's compassion, unselfish caring, patience, and just plain loving one another." ~Erma Bombeck*

Program fees are prorated according to client income.

## Volunteer Opportunities

*The Senior Kinship Program is successful because of volunteers like you!* Several volunteer opportunities are available to be a part of this program including:

- Home visitor
- Donation delivery driver
- Warmline support
- Client transportation
- Service project participant
- Community partner and donor.

Volunteers receive ongoing support and training. Some volunteers receive an hourly stipend, meal reimbursement and mileage reimbursement.

*"The meaning of life is to find your gift. The purpose of life is to give it away." ~William Shakespeare*

## Program Eligibility

Clients may be referred by area service providers, family members or they may self-refer. They must live in Anoka County and be at least 60 years of age.

## Serving Seniors in

- Andover
- Anoka
- Bethel
- Blaine
- Centerville
- Circle Pines
- Columbia Heights
- Columbus
- Coon Rapids
- East Bethel
- Fridley
- Ham Lake
- Hilltop
- Lexington
- Lino Lakes
- Nowthen
- Oak Grove
- Ramsey
- St. Francis
- Spring Lake Park



**For more information or to volunteer:**  
**(763) 783-4745 or [SeniorKinship@accap.org](mailto:SeniorKinship@accap.org)**  
**[www.accap.org](http://www.accap.org)**

## ACCAP History

Since 1965, Anoka County Community Action Program, Inc. (ACCAP) has been serving people throughout Anoka County. ACCAP is an independent nonprofit agency that began under the Economic Opportunity Act and includes Children's Programs (Child Care Assistance, Child Care Aware, and Head Start and Early Head Start), Affordable Housing (rental housing, and home services and housing referrals), Crisis Services and Energy Assistance, Home Ownership (home buyer education and counseling, foreclosure counseling, and Family Assets for Independence in MN or FAIM), and Senior Services (Chores and More, Senior Kinship, Senior Information Line, & Senior Outreach).

The organization offers educational opportunities, information and referrals, and direct services, which help residents achieve their goals of self-sufficiency. ACCAP is funded by contracts and grants with the federal government, the State of Minnesota, Anoka County local municipalities, foundations and through private contributions.

## ACCAP Mission

The Anoka County Community Action Program, Inc. is an innovative catalyst for empowering lower income Anoka County residents to achieve their aspirations and dreams.

## ACCAP Vision

Our vision is one of a caring Anoka County community where basic needs are provided so that all residents can achieve and enjoy economic self-sufficiency.

Upon request, ACCAP will make this brochure available in alternative formats per requirements of ADA.

ACCAP is an Equal Opportunity Agency in Employment and Client Services.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (763) 783-4547.

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau (763) 783-4547.



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