

EDUCATION

When applying for education programs, ask about services you may need in order to participate (i.e. transportation or child care). Many of these programs have funds to cover such costs, so it can pay to ask for what you need!

Adult Literacy Hotline **1-800-222-1990**
www.MNliteracy.org/hotline. For referral to basic reading & math skills. Adult Basic Education. GED prep testing sites. English as a second language. Computer classes. Refer for citizenship. Spanish speakers available.

Affordable Colleges Online www.affordablecollegesonline.org
An online guide that focuses on various on-campus, off-campus, and online resources that students can utilize to help make college affordable for them.

American Red Cross, Minnesota Region **(612) 871-7676**
www.redcross.org. Nurse Assistant Training Program: CNA classes can help prepare you for a career in the medical industry. With an emphasis on academics and hands-on skills training, our CNA classes can help you gain the information you need to pass your state CNA exam and achieve a position working in healthcare. Students can expect to complete all in-class and clinical training, and be ready to take their state certification exams within 3-7 weeks of beginning the program.

Anoka County Library Books by Mail **(763) 324-1529**
www.anokacounty.org. Anoka County Library will mail books free of charge to residents who cannot get to their community library. Contact the outreach librarian.

Anoka Ramsey Community College **(763) 433-1100**
www.anokaramsey.edu. For general information.

Anoka Technical College **(763) 576-4700**
www.anokatech.edu. Our grads get great jobs. Customized training: (763) 576-4800.

English Learning Center **(612) 874-9963**
Offers ESL, citizenship, math, and computer class (evenings only, Monday-Thursday) serving adult immigrants and refugees. Provides some transportation.

Family Caregiver Connection..... **(763) 324-1608**
www.anokacounty.us/caregivers. Provides educational opportunities to caregivers through support groups and community education events. Topics include: estate planning, self-care, medication management, positive aging, depression, coping with grief & loss, understanding memory loss, etc.

Home Safety Check..... **(763) 767-4003**
www.sbmfire.org Provided to residents of Spring Lake Park, Mounds View, & Blaine. Fire Department comes to the home for smoke alarm and carbon monoxide protection, fire escape planning, and general home safety. Juvenile fire setter intervention program available. Car seat checks available by appointment for children. CPR classes offered monthly (Do not have to be resident).

Life Prep Academy..... (763) 203-2015

www.lifepreacademymn.com. A Christian based school and residential program for homeless and high-risk teens. High quality education, housing, and stability services available for students. Provides basic needs such as shelter, food, clothing, and safety to students enrolled in LPA. Transitional assistance from high school to college or career is available.

Metro North Adult Basic Education..... (763) 433-4200

www.metronorthabe.org. Offers free classes for adults including ESL (English as a Second Language), GED preparation, Minnesota State diploma, college entrance preparation, basic reading, writing and math brush up. Classes offered at multiple locations with various schedules including morning and evening classes. We no longer offer family literacy classes.

Minneapolis Community & Technical College (MCTC)..... (612) 659-6200

www.minneapolis.edu. Power of YOU program offers recent graduates of Mpls or St. Paul public schools who are also residents of either city the chance to attend MCTC tuition free. Students who complete career programs at MCTC go on to find employment in a wide variety of professional & technical areas.

Minnesota Safety Council (651) 291-9150

www.minnesotasafetycouncil.org. Work place safety training.

North Hennepin Community College (Brooklyn Park) (763) 488-0391

www.nhcc.edu.

Pacer Center, Inc. (Parent Advocacy Coalition for Educational Rights) 1-800-537-2237

General Number (952) 838-9000

TTY (Hearing Impaired) (952) 838-0190

www.pacer.org. Serves the information & training needs of parents in Minnesota who have children & young adults with disabilities. No fee.

Parent Involvement.....Contact your local school

Each school district has funds designated to assist parents in helping their children be ready to learn; improve communication between home & school; expand parent volunteer opportunities; support parents as they help their children learn; & help parents share in the decision making at the school district & state level. Contact your local school's parent involvement coordinator or parent involvement committee.

People Incorporated (763) 785-9222

Learning Disabilities Program

www.peopleincorporated.org. Help for parents who worry that their child is falling behind academically, struggle with their child for hours every evening over homework, need resources in order to advocate for their child, need clarification on navigating the special education system, or wonder how to get their child assessed. Serves families of children grades K-12. Phone or in person assistance & can include attending school meetings with the parent. Services free of charge & confidential.

Preschool Screening..... Contact your local school district

All children are required to have a preschool screening after they are 3 years old and before entering kindergarten. Contact your local school district to find out how to have your child screened.

Professional Learning Alternatives, Inc..... (651) 464-8777
www.pla-inc.org. Nonprofit education and advocacy resource for caregivers, parents, and those interested in supporting the development and education of young children. Offers in-service seminars, conferences, phone and on-site consulting, mentoring, and referrals.

St. Paul College..... (651) 846-1600
www.saintpaul.edu.

University of Minnesota Extension, Anoka County (763) 324-3495
AnswerLine (for household questions) 1-800-854-1678
www.local.extension.umn.edu/county/anoka. Provides a variety of educational opportunities to county residents through 4-H Youth Development, the Master Gardener program, Dollars Into Sense (family financial management), Youth Teaching Youth (offered through participating high schools), homeowner education for septic systems, & the Natural Resources Field Trip (offered to elementary schools).

University of Minnesota Information Line (612) 625-5000

School District Offices

School Boards are made up of elected officials. Vote in school board elections!

District 11, Anoka-Hennepin (763) 506-1000
www.ahschools.us. 2727 North Ferry Street, Anoka 55303.

District 12, Centennial (763) 792-6000
www.isd12.org. 4707 North Rd, Circle Pines 55014.

District 13, Columbia Heights (763) 528-4500
www.colheights.k12.mn.us. 1440 49th Ave NE, Columbia Heights 55421.

District 14, Fridley..... (763) 502-5024
www.fridley.k12.mn.us. 6000 W Moore Lake Dr, Fridley 55432.

District 15, St. Francis (763) 753-7040
www.isd15.org. 4115 Ambassador Blvd, St. Francis 55070.

District 16, Spring Lake Park..... (763) 600-5000
www.springlakeparkschools.org. 1415 81st Ave NE, Spring Lake Park 55432.

District 831, Forest Lake..... (651) 982-8100
www.forestlake.k12.mn.us. 6100 N 210th St, Forest Lake 55025.

District 4049 (Charter School), Coon Rapids (763) 862-9223
www.nwphs.org. 11345 Robinson Drive NW, Coon Rapids 55433.

Community Education Departments

The Community Education Departments offer informative classes on all kinds of topics for adults, youth, early childhood education, and more. Most classes are very inexpensive and scholarships may be available. Call your school district to get a catalog.

District 11, Anoka-Hennepin, www.ahschools.us	(763) 506-1260
District 12, Centennial, www.isd12.org	(763) 792-6100
District 13, Columbia Heights, www.colheights.k12.mn.us	(763) 528-4517
District 14, Fridley, www.fridley.k12.mn.us	(763) 502-5024
District 15, St. Francis, www.isd15.org	(763) 753-7040
District 16, Spring Lake Park, www.springlakeparkschools.org	(763) 786-1338
District 831, Forest Lake, www.forestlake.k12.mn.us	(651) 982-8110

Community Education Departments Special Needs

The State Department assures the provision of mandatory Special Education Services.

District 11, Anoka-Hennepin, www.ahschools.us	(763) 506-1279
District 12, Centennial, www.isd12.org	(763) 792-5235
District 13, Columbia Heights, www.colheights.k12.mn.us	(763) 528-4414
District 14, Fridley, www.fridley.k12.mn.us	(763) 502-5024
District 15, St. Francis, www.isd15.org . Mon-Thurs, 7:30 am-4 pm.....	(763) 753-7013
District 16, Spring Lake Park, www.springlakeparkschools.org	(763) 600-5000
District 831, Forest Lake..... www.forestlake.k12.mn.us . LINK: serving adults with disabilities. Hours vary.	(651) 982-8309

Project Power / Special Needs for Adults	(763) 506-1279
Anoka Hennepin District 11 Community Education Department, Community education for people with special needs, including access to existing community education programs for persons of 18+ & specialized programs for adults with disabilities.	

Parenting / Child Development

Anoka County Children & Family Council	(763) 324-1289
www.anokacounty.us/616/Children-Family-Council . To nurture collaborative efforts by building bridges and networks between people and agencies who share a vision of a healthier community for children and families.	

CAPE (Child & Parent Education) Centers (763) 506-1561

Provides child care while student parents attend classes at their own schools. Transportation for child & parent is provided free for residents of Anoka-Hennepin School District 11. Students out of district may be eligible, but would need to provide own transportation. Must attend school within District 11 to qualify. Serving young parents up to age 21. Programs include ECFE & parenting classes.

Circle of Parents(651) 523-0099 or 1-800-CHILDREN (1-800-244-5373)

Support groups help parents to improve their parenting skills & strengthen their family relationships. During meetings, parents share the challenges & successes of child rearing. Group meetings provide opportunities for parents to exchange ideas, meet other parents, & talk about their feelings in a safe, supportive environment. Visit www.pcamn.org for meeting locations.

Early Childhood Family Education (ECFE)

Each school district offers many different fun & educational experiences for children ages birth to 5 & their families. Many programs also have “drop-in & play” opportunities for children & parents. Sliding fees.

- District 11, Anoka-Hennepin ECFE (763) 528-4517**
- District 12, Centennial ECFE..... (763) 792-6120**
- District 13, Columbia Heights ECFE (763) 528-4515**
- District 14, Fridley ECFE..... (763) 502-5124**
- District 15, St. Francis ECFE..... (763) 753-7040**
- District 16, Spring Lake Park ECFE (763) 600-5900**
- District 831, Forest Lake ECFE (651) 982-8300**

Early Childhood Special Education (ECSE)

- District 11, Anoka-Hennepin ECSE (763) 433-4800**
- District 12, Centennial ECSE..... (763) 792-5719**
- District 13, Columbia Heights ECSE (763) 528-4517**
- District 14, Fridley ECSE..... (763) 600-5933**
- District 15, St. Francis ECSE..... (763) 753-7040**
- District 16, Spring Lake Park ECSE (763) 600-5900**
- District 831, Forest Lake ECSE (651) 982-8131**

Families in Safe Hands: Raising Relatives children (612) 879-5328

Offers information & emotional support through support groups, recreation, & free phone consultation.

Jacob Wetterling Resource Center (651) 714-4673

Missing and exploited children helpline..... 1-800-325-HOPE (1-800-325-4673)
www.jwrc.org. Educates families and communities to prevent the exploitation of children. Presents to parent groups, schools, faith based communities, and other groups on the topics of internet safety, personal body safety for children, and the importance of coming together to advocate for children. Provides helpline assistance and support for families of missing and/or exploited children and adults. Program of Zero Abuse Project www.zeroabuseproject.org.

Kinship(612) 276-1558

www.kinship-mn.org. Faith based mentoring program providing adult friendship to children ages 5-15. Serves single parents & children from refugee or immigrant families. No fee for service.

Minnesota State CAREERwise www.careerwise.minnstate.edu

Includes most of the information found on the website: MN Careers Parent Guide helps parents, guardians, & mentors of young people understand the changing worlds of education & work. The guide assists parents in taking an active role in their child's career exploration, career development process, & the realities of the labor market. Sample copies can be found at WorkForce centers or local libraries.

Minnesota Communities Caring for Children (651) 523-0099 or 1-800-CHILDREN (1-800-244-5373)

www.pcamn.org. Mission: To empower parents and communities to build supportive relationships, nurture children, and prevent child abuse and neglect. Home of Circle of Parents.

Parents as Teachers 1-866-728-4968

www.parentsasteachers.org. Information & materials for parents.

Professional Learning Alternatives, Inc..... (651) 464-8777

www.pla-inc.org. Nonprofit education and advocacy resource for caregivers, parents, and those interested in supporting the development and education of young children. Offers in-service seminars, conferences, phone and on-site consulting, mentoring, and referrals.

Safe Kids Anoka County (763) 767-4664

www.safekidsanoka.org. C/o Fire Departments, Comprised of Anoka County Law Enforcement Agencies, Anoka Human Services, and Unity & Mercy Hospital personnel. Mission: reduce unintentional injuries among children through education of children & families. Provides free car seat inspections for Anoka County residents by appointment.

Small Talk..... (612) 889-0780

www.signlanguageforbaby.com. Sign language for you & your hearing baby. Babies hear & understand language before they are able to speak. Use baby sign language as a method to communicate with your baby. Using baby signs will enhance interaction with baby & help adults to understand what baby wants, as well as what baby is thinking.

Stop It Now! Minnesota..... Helpline 1-888-PREVENT (1-888-773-8368)

www.stopitnow.org. Monday-Friday, 8 am-5 pm. Safe and confidential resource for anyone concerned about their own or another's sexualized thoughts or behaviors towards children. Call for support, resources, and referral. Silence shatters lives. Call to learn what you can do to keep children safe or how to help a child who may have been harmed. Open M-F, 12-6 pm eastern time. Website chats available from 12:15-5:30 pm.

Teen Pregnancy Program (763) 506-1572

www.anoka.k12.mn.us. A school-based program for pregnant girls offering regular scheduled classes plus extra classes to meet the needs of the teen-aged pregnant student. Transportation is provided for free to residents of Anoka-Hennepin School District 11. Also accepts teens from other school districts. (Also, see CAPE).