



Senior Outreach
Program

Senior Outreach Program

Advancing Independence



The Senior Outreach Program, established in 1978, provides outreach to vulnerable, isolated seniors throughout Anoka County.

“ACCAP Senior Outreach was there when no one else was. They helped when I was ready to give up. I am so thankful for them!”

The Senior Outreach workers assist clients who are 60 years of age and older in accessing services, which enable them to remain living in their homes.

How Can We Help

- Do you have questions about services available to you in your community?
- Do you want to know more about financial, nutritional, social, health, and transportation programs?
- Do you need help with forms or applications?



Contact Your ACCAP Senior Outreach Worker

- We provide one-on-one meetings (in-home, community, in-office, or virtually)
- We provide appropriate referrals and resources based on the needs and concerns of the client
- We provide forms assistance
- We advocate on behalf of the client
- We work with caregivers, family members, social service providers and partnerships to help resolve issues

“Before I met my Outreach Worker, I was frail and alone. Thanks to her help I was able to find assistance fixing my home to suit my needs, and assistance paying my bills.”

In addition to providing information about services and resources, Senior Outreach workers also assist the clients in completing the necessary forms and applications for the following: food stamps, medical assistance, energy assistance, Meals on Wheels, food shelves, and more.

Senior Outreach workers are there to assist in collecting the necessary documentation, make phone calls and connect with community partnerships.



For more information or to contact us: (763) 783-4745 or www.accap.org

ACCAP History

Since 1965, Anoka County Community Action Program, Inc. (ACCAP) has been serving people throughout Anoka County. ACCAP is an independent nonprofit agency that began under the Economic Opportunity Act and includes Children’s Programs (Child Care Assistance, Child Care Aware, and Head Start and Early Head Start), Affordable Housing (rental housing, and home services and housing referrals), Crisis Services and Energy Assistance, Home Ownership (home buyer education and counseling, foreclosure counseling, and Family Assets for Independence in MN or FAIM), and Senior Services (Chores and More, Senior Kinship, Senior Information Line, & Senior Outreach).

The organization offers educational opportunities, information and referrals, and direct services, which help residents achieve their goals of self-sufficiency. ACCAP is funded by contracts and grants with the federal government, the State of Minnesota, Anoka County local municipalities, foundations and through private contributions.

ACCAP Mission

The Anoka County Community Action Program, Inc. is an innovative catalyst for empowering lower income Anoka County residents to achieve their aspirations and dreams.

ACCAP Vision

Our vision is one of a caring Anoka County community where basic needs are provided so that all residents can achieve and enjoy economic self-sufficiency.

Upon request, ACCAP will make this brochure available in alternative formats per requirements of ADA.

ACCAP is an Equal Opportunity Agency in Employment and Client Services.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (763) 783-4547.

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau (763) 783-4547.



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