



Chores & More Program

# Chores & More Program

*Turn your passion into action.*



**The Senior Chores & More Program** provides chore and homemaker services to seniors 60 years of age and older, living in Anoka County.

## Helpful Services

### Chores

We provide heavy housework, washing windows and walls, basic home maintenance (excluding rental property), moving of large or heavy household items, yard work (mowing, trimming, raking or snow removal).

### Housekeeping

We provide light housekeeping (laundry, vacuuming, sweeping floors, cleaning the bathroom or kitchen). Shopping and delivery of groceries.

*(All services are based upon the availability of volunteers and workers in the client's area). Call for details regarding project exclusions.*



## What to Expect



- Courteous service from office staff, contracted workers and volunteers
- Services provided upon availability of workers
- A suggested donation/sliding fee scale for eligible clients
- Labor provided by the program and worker, materials provided by the client (unless other arrangements have been made)

*"Your service is so needed by seniors!"*

## Who performs these services?

**Paid independent contractors** are encouraged to work with us.

- Contractors are reimbursed for their time according to the current pay scale.
- Background checks are performed on contractors and individual volunteers.
- They are interviewed and sign agreements with our program guidelines.
- Contractors contact clients to schedule requested services.



## Volunteers

The Chores & More program also thrives on volunteer groups to do many kinds of chores for our clients. If you would like to volunteer, or know of someone who would, **please call (763) 783-4767**. We welcome **ALL groups of volunteers** including school, church, sports, scouting groups and more.

## ACCAP History

Since 1965, Anoka County Community Action Program, Inc. (ACCAP) has been serving people throughout Anoka County. ACCAP is an independent nonprofit agency that began under the Economic Opportunity Act and includes Children's Programs (Child Care Assistance, Child Care Aware, and Head Start and Early Head Start), Affordable Housing (rental housing, and home services and housing referrals), Crisis Services and Energy Assistance, Home Ownership (home buyer education and counseling, foreclosure counseling, and Family Assets for Independence in MN or FAIM), and Senior Services (Chores and More, Senior Kinship, Senior Information Line, & Senior Outreach).

The organization offers educational opportunities, information and referrals, and direct services, which help residents achieve their goals of self-sufficiency. ACCAP is funded by contracts and grants with the federal government, the State of Minnesota, Anoka County local municipalities, foundations and through private contributions.

## ACCAP Mission

The Anoka County Community Action Program, Inc. is an innovative catalyst for empowering lower income Anoka County residents to achieve their aspirations and dreams.

## ACCAP Vision

Our vision is one of a caring Anoka County community where basic needs are provided so that all residents can achieve and enjoy economic self-sufficiency.

Upon request, ACCAP will make this brochure available in alternative formats per requirements of ADA.

ACCAP is an Equal Opportunity Agency in Employment and Client Services.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (763) 783-4547.

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau (763) 783-4547.



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**ACCAP Chores & More Program**  
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