

# FAMILY SERVICES

**CAPE (Child & Parent Education) Centers ..... (763) 506-1561**

Provides child care while student parents attend classes at their own schools. Transportation for child & parent is provided free for residents of Anoka-Hennepin School District 11. Students out of district may be eligible but would need to provide own transportation. Must attend school within District 11 to qualify. Serving young parents up to age 21. Programs include ECFE & parenting classes.

**Children's Home Society & Family Services ..... (763) 785-9222**

**Child Abuse Prevention Services for residents of Anoka County**

[www.chsfs.org](http://www.chsfs.org). Provides support to families experiencing stress or crisis. Provides short & long term support in meeting goals in moving forward. Services include 24 hour parent support, advocacy, face to face support meetings, adoption services, pregnancy counseling, resource & referral. Available to families with children ages newborn to 12 years. Free, voluntary & confidential. Can assist families facing financial challenges. Able to help with basic budgets. Will work with parents of children with learning disabilities.

**Children's Home Society & Family Services ..... (763) 785-9222**

**Helping Moms, Helping Children**

[www.chsfs.org](http://www.chsfs.org). Educational & support groups for mothers & children.

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**Parent Support Services**

[www.chsfs.org](http://www.chsfs.org). Parents experiencing stress or crisis can utilize parent support to strengthen & empower themselves and their families. Helps build the skills necessary to succeed in daily life & self-sufficiency.

**Circle of Parents ..... (651) 523-0099 or 1-800-CHILDREN (1-800-244-5373)**

A program of Prevent Child Abuse Minnesota. These parent support groups help parents to improve their parenting skills & strengthen their family relationships. During meetings, parents share the challenges & successes of child rearing. Group meetings for parents to exchange ideas, meet other parents, & talk about their feelings in a safe, supportive environment. Visit [www.pcamn.org](http://www.pcamn.org) for meeting locations throughout the metro area.

**Family & Children's Service: The Family Project.....(612) 728-2068**

[www.everyfamilymatters.org](http://www.everyfamilymatters.org). A strength-based initiative that engages disadvantaged parents in coming together to promote the health, safety, & success of their children. The Family Project builds positive peer support networks among low-income families facing challenges & helps parents build stronger families and parenting skills through these social support networks. For more information visit our website.

**Jacob Wetterling Resource Center ..... (651) 714-4673**

**Missing and exploited children helpline..... 1-800-325-HOPE (1-800-325-4673)**

[www.jwrc.org](http://www.jwrc.org). Educates to prevent the exploitation of children. Presents to parent groups, schools, faith based communities, & other groups on topics of internet safety, personal body safety for children, & the importance to advocate for children. Helpline assistance for families of missing and exploited children.

**Partnership for Family Success..... (763) 717-7741**

Assists with a wide range of family issues such as children’s mental health, parenting, parent’s mental health, etc. Families must be on MFIP and/or have their case open in 2 or more county agencies (i.e. corrections or human services), and be referred by a county agency.

**Prevent Child Abuse Minnesota** ..... (651) 523-0099

**Minnesota Communities Care for Child**.....1-800-CHILDREN (1-800-244-5373)

[www.pcamn.org](http://www.pcamn.org). Mission: To prevent child abuse & neglect by promoting positive parenting, healthy families, & supportive communities where children are respected & valued. Home of Circle of Parents.

**Project Pathfinder, Inc., Adolescent Services**..... (651) 644-8515

[www.projectpathfinder.org](http://www.projectpathfinder.org). Assessment & treatment of adolescence ages 13-18 who have sexual behavior problems including inappropriate sexual behavior in school or home. Services are for adolescents who have been sexually abused, or have sexually abused another child and their families.

**Stop It Now! Minnesota**.....**Helpline 1-888-PREVENT (1-888-773-8368)**

[www.stopitnow.org/mn](http://www.stopitnow.org/mn). Safe & confidential resource for anyone concerned about their own or another’s sexualized thoughts/behaviors towards children. Call for support, resources, & referral, I to learn what you can do to keep children safe or how to help a child who may have been harmed.

**The Family Partnership: Family counseling**.....(763)560-4412

**For new appointments** ..... (612)728-2061 or (612)728-2089 **Spanish Line**

[www.thefamilypartnership.org](http://www.thefamilypartnership.org). Booklets contain the 9 strengths that help make families strong. Check website to download a copy of activities for families and children to do. Booklets in English or Spanish can be picked up at Brooklyn Park office, call in advance to let us know how many FREE copies you would like. Counseling for families, children, & teens is offered on a sliding-fee scale based on income and ability to pay. Insurance is accepted. We are state-certified (Rule 29), licensed mental health care provider.

**University of Minnesota Extension, Anoka County** ..... (763) 755-1280

**AnswerLine (for household questions)** ..... 1-800-854-1678

[www.extension.umn.edu/county/anoka](http://www.extension.umn.edu/county/anoka). AnswerLine, where household experts answer questions about safely cooking, canning, & freezing foods, cleaning stains & mildew, & other household questions.

## Safety

**Car Seats Made Simple** ..... [www.carseatsmadesimple.org](http://www.carseatsmadesimple.org)

Website with information and resources on safely choosing and installing car seats provided by the Minnesota Safety Council, AAA Clubs of Minnesota, Minnesota Department of Public Safety, and the Office of Traffic Safety. Information available in English, Hmong, Somali, and Spanish.

**Home Safety**..... (763) 767-4003

[www.sbmfire.com](http://www.sbmfire.com). Provided to residents of Spring Lake Park, Mounds View , & Blaine by their Fire Department. Includes free child safety seat checks by appointment, home safety surveys, fire extinguisher training, & injury prevention program, & juvenile fire setting program. Provide CPR training for small fee.

**Minnesota Safety Council** ..... (651) 291-9150

Work place safety training.

**Safe Kids Anoka County** ..... (763) 767-4664

[www.usa.safekids.org](http://www.usa.safekids.org). c/o SBM Fire, 11920 Ulysses St NE, Blaine 55434. Comprised of Anoka County Law Enforcement Agencies, Anoka Human Services, and Unity & Mercy Hospital personnel. Mission is to reduce unintentional injuries among children through education of children and families. Provides free car seat inspections for Anoka County residents by appointment. Brochure at [www.anokacounty.us/crimewatch](http://www.anokacounty.us/crimewatch).

## Pregnancy / Infants

**Baby Blanket** ..... (651) 257-2474

[www.stbridgetofsweden.org](http://www.stbridgetofsweden.org). Resource center for mothers in need that provides free infant & maternity clothing, baby furniture, toys, supplies, referrals, and support.

**BirthRight**..... 1(800) 559-4900

24 hour hotline. Free pregnancy testing, confidential counseling, baby clothes.  
[www.birthright.org/coonrapids](http://www.birthright.org/coonrapids)

**Cradle of Hope Motherhood Fund**..... (651)636-0637

[www.cradleofhope.org](http://www.cradleofhope.org). Financial aid for pregnancy related expenses such as medical, housing, food, clothing, & cribs. Safe Slumber Crib Program. Contact an agency & ask to fill out an application. Agencies include Birthright, North Side Life Care Center, First Care Pregnancy Center, & more.

**Epiphany Caring For Life** ..... (612) 803-2225

24 hour confidential support to women & families who are pregnant & after birth. Companion program offers long-term support. Material support & resources. Miscarriage support. Call for info & assistance.

**Everyday Miracles** ..... (612) 353-6293

[www.everyday-miracles.org](http://www.everyday-miracles.org). Provides pregnancy support for low income teens & single parents. Support groups, doula services (labor support), post-partum care, swap closets for maternity clothing & baby items.

**First Care Pregnancy Center and New Life Family Services**..... (763) 323-3435

[www.firstcaremn.com](http://www.firstcaremn.com). Free confidential pregnancy testing, free counseling by licensed social worker, adoption services, decision making counseling, resource referral, post abortion counseling, and Parenting Plus Program offering maternity & infant clothing & equipment. Closed: Tuesdays.

**North Side Life Care Center**..... (612) 522-6589

[www.northsidelifecare.org](http://www.northsidelifecare.org). Serves pregnant women of north Mpls/northern suburbs. Pregnancy tests, ultra sounds, options counseling, prenatal care, social services, baby equipment, referrals for a variety of needs, & limited clothes, diapers & formula. Call for more info.

**Nucleus Clinic** ..... (763) 755-5300

Low cost and no cost birth control and reproductive health care. Annual checkups, pregnancy test, urinary tract infection treatment, etc. Verifications for M.A. and Minnesota Care applications. Charges on sliding scale. Onsite enrollment for Minnesota Family Planning Program (MFPP) for income eligible patients. Office open Mondays, Wednesdays, and Fridays. Call for appointment.

**Teen Pregnancy Program** ..... (763) 506-1560

[www.anoka.k12.mn.us](http://www.anoka.k12.mn.us). A school-based program for pregnant girls offering regular scheduled classes plus extra classes to meet the needs of the teen-aged pregnant student. Call for info. (Also see CAPE).