

# VOLUNTEER OPPORTUNITIES

***Volunteer: To enrich your life by helping someone else.***

*Listed are some of the places in Anoka County seeking volunteers & a brief description.*

*You might also wish to check with your local schools, churches, or other organizations that may be in need of volunteers.*

**Alexandra House, Inc. .... (763) 656-1368**

[www.alexandrahouse.org](http://www.alexandrahouse.org). Community based nonprofit organization that provided emergency shelter, support services, & community/legal advocacy to victims of domestic and sexual violence. A wide variety of volunteer opportunities are available. Contact the Volunteer Coordinator.

**American Red Cross, Twin Cities Area Chapter..... (612) 871-7676**

[www.redcross.org](http://www.redcross.org). Health & safety services: first-aid, CPR, child safety, disaster response, multicultural programs & blood drives.

**Anoka County Brotherhood Council (ACBC) ..... (763) 422-0046**

[www.acbcfoodshelf.org](http://www.acbcfoodshelf.org). Provides emergency food & used clothing to those in need. Variety of volunteer opportunities available.

**Anoka County Community Action Program, Inc. (ACCAP)..... (763) 783-4717**

[www.accap.org](http://www.accap.org). Volunteers needed for a variety of programs.

**Anoka County Library .....See library list on page 100**

[www.anokalibrary.org](http://www.anokalibrary.org). A variety of volunteer opportunities maybe available for both young people and adults. Call 763-576-4695 ext. 5238 or contact your local library for more information.

**Anoka County Retired & Senior Volunteer Program (R.S.V.P.) ..... (763) 422-7090**

Offers opportunities to persons 55 & older to participate in their communities through volunteer services.

**Anoka Regional Treatment Center ..... (651) 431-5000**

Provides multi-disciplined treatment program for mentally ill & chemically dependent adults. Need volunteers to help during visiting hours or to help in the library. Psychiatric hospital has an auxiliary.

**Anoka County Volunteer Transportation/MedLink ..... (763) 422-7087**

[www.co.anoka.mn.us/transit](http://www.co.anoka.mn.us/transit). Drive senior citizens, veterans, and clients to medical, dental, or social service appointments. Mileage reimbursed.

**Arc-Greater Twin Cities ..... (952) 920-0855**

[www.arcgreatertwincities.org](http://www.arcgreatertwincities.org). Information, referral, advocacy & support for individuals with developmental disabilities & their families. Volunteers needed for special events, mailings, clerical duties, & thrift stores.

**Bar-None Residential Treatment Services for Children..... (763) 753-2500**

[www.voamn.org](http://www.voamn.org). Inpatient treatment for youth, ages 10-18. Variety of volunteer opportunities available.

**Big Brothers Big Sisters of the Greater Twin Cities** ..... (651) 789-2400  
[www.bigstwincities.org](http://www.bigstwincities.org). Help children realize their full potential through a long term, 1-to-1 relationship with a caring adult. Children ages 7-12 years in need of an additional adult friend spend 2-4 times per month with their Big Brother or Big Sister doing fun activities & building a long term friendship!

**Camilia Rose Care Center** ..... (763) 755-8400  
Provides long & short term skilled nursing care. A variety of volunteer opportunities include outing assistant, craft helper, musical performer, letter writer, pet visitor, bingo assistant, reader, etc.

**CEAP (Community Emergency Assistance Program)** ..... (763) 783-4930  
[www.ceap.org](http://www.ceap.org). 1201 89<sup>th</sup> Ave NE #130, Blaine. Volunteers needed to sort & pack food at the food shelf, bread pick-up, receptionist, and data processing.

**Chores & More**

~~**Fridley, Columbia Heights, Hilltop** ..... (763) 502-5151~~  
**All areas in Anoka County (ACCAP)**..... (763) 783-4767  
Housekeeping, minor home repairs, & seasonal chores. Groups welcome.

**Confederation of Somali Community in Minnesota** ..... (612) 338-5282  
[www.cscmn.org](http://www.cscmn.org). Offers youth services, education, outreach services, advocacy & intervention. East African Women's Center.

**Family Caregiver Connection** ..... (763) 422-6960  
[www.anokacounty.us/caregivers](http://www.anokacounty.us/caregivers). Volunteers provide in-home visits with older adults living with chronic health issues. Respite volunteers provide safety & companionship with the older adult while the family caregiver gets a break. Volunteers are also needed to oversee older adults with chronic illness in a group setting with other volunteers & a parish nurse overseeing the program. Training is provided.

**Foster Grandparent Program** ..... (651) 310-9448  
[www.seniorcorp.org](http://www.seniorcorp.org). Serve in school or early childhood education setting helping children with special needs. Receive tax-free hourly stipend as well as travel allowance and meals on site.

**Girl Scouts of Minnesota and Wisconsin River Valleys** .....(651) 227-8835 or 1-800-845-0787  
[www.girlscoutsrv.org](http://www.girlscoutsrv.org). Helps girls in grades k-12 build courage, confidence, & character to make the world a better place. Volunteers needed year round to be troop leaders, activity & special event helpers, & more.

**Hands on Twin Cities**..... (612) 379-4900  
[www.handsontwincities.org](http://www.handsontwincities.org). Several thousand volunteer opportunities available listed on our website.

**Head Start, ACCAP** ..... (763) 783-4300  
[www.accap.org](http://www.accap.org). Programs in Anoka & Washington County. Volunteers needed in a variety of areas, including in the classroom, office, and as bus monitors. See program description under EARLY CHILDHOOD CARE / EDUCATION.

**Home Delivered Meals (Meals on Wheels)**

Low-cost, hot noon meals delivered Monday through Friday to residents who are at nutritional risk.  
Call the location serving your area:

**Impact Services**.....(763) 236-8718  
Anoka , Champlin, Ham Lake, Andover, Ramsey, Oak Grove, Coon Lake, Linwood, Nowthen, St. Francis, Bethel, East Bethel, Circle Pines, Lino Lakes, Centerville, Lexington, and Columbus.

**Meals on Wheels, Fridley, Spring Lake Park, Columbia Heights, & Hilltop.....(763) 236-3636**

**Meals on Wheels, Coon Rapids and Blaine.....(763) 489-3608**

**Kinship..... (763) 862-6755**

[www.kinship.org](http://www.kinship.org). Individuals, couples, & families mentor children from single parent homes, children of immigrants & refugees, & children of prisoners. Meet weekly doing low cost/no cost activities. Adults of all ages needed.

**Linwood Senior Transportation Services ..... (651) 462-5565**

Volunteer drivers using their own vehicles to transport able bodied seniors living in Linwood.

**“Make A Wish” Minnesota ..... (612) 767-9474**

[www.wishmn.org](http://www.wishmn.org). Help grant wishes to children with life-threatening medical conditions.

**Mediation Services for Anoka County ..... (763) 422-8878**

[www.mediationservice.org](http://www.mediationservice.org). Trained volunteers help Anoka County residents settle disputes such as neighborhood, landlord/tenant, employer/employee, consolidation court & family problems. Become a volunteer mediator. Training provided.

**Metro North Adult Basic Education..... (763) 783-4731**

[www.metronorthabe.org](http://www.metronorthabe.org). Volunteers needed to tutor adult learners with reading, English as a Second Language, & GED. Volunteers needed at various locations.

**Second Harvest Heartland ..... (651) 209-7939**

[www.2harvest.org](http://www.2harvest.org). Email: [volunteer@2harvest.org](mailto:volunteer@2harvest.org). Agency supplies food & grocery products to 1000+ member agencies & programs in Minnesota & Western Wisconsin. Runs MAC & NAPS programs. Group & individual volunteer opportunities available sorting, packing, & delivering food, & also support for special events.

**Senior Companion Program ..... (651) 310-9448**

[www.seniorcorps.org](http://www.seniorcorps.org). Provide companion/friendship to homebound or isolated seniors. Training provided. Receives mileage & meal allowance. May also receive a stipend if income guideline criteria are met.

**Senior Information Line, ACCAP ..... (763) 783-4707**

[www.accap.org](http://www.accap.org). Volunteers needed to answer phones, refer clients to resources, & work on clerical projects. Training provided.

**Springbrook Nature Center – City of Fridley ..... (763) 572-3588**

[www.springbrooknaturecenter.org](http://www.springbrooknaturecenter.org). Provides environmental interpretive programming, recreation, & entertainment. Volunteers needed for animal care, trail maintenance, desk hosting, and special events.

**Stepping Stones Emergency Housing ..... (763) 323-7006**

[www.stepsingstonech.org](http://www.stepsingstonech.org). Provides emergency housing (60+ beds) and support to adults experience homelessness. A wide variety of volunteer opportunities are available. Contact the Volunteer Coordinator.

**Tamarisk, Inc. .... (763) 572-1950**

[www.tamarisk.org](http://www.tamarisk.org). Trained volunteers provide a caring presence through companionship and caregiver respite (at no expense) for families coping with life threatening illnesses.

**The Family Partnership .....(612) 341-1611**

[www.thefamilypartnership.org](http://www.thefamilypartnership.org). Help your community by volunteering with Family & Children’s service. If you want to help a child succeed in school, work for social justice, or simply gain some experience, call our volunteer coordinator or visit our website.

**Twice Nice Thrift Store, ACCAP ..... (763) 754-0935**

~~[www.accap.org](http://www.accap.org). 9201 South Highway Dr. Lexington, MN 55014. Offers household items, furniture, clothing, toys, books, shoes, & bedding. All gently used & reasonably priced. Volunteers needed. Hours: Monday thru Friday, 10:00am—7:00pm and Saturday 9:00am—5:00pm.~~

**United Way Caring Connection ..... (612) 340-7440**

[www.GTC.UW.org](http://www.GTC.UW.org). Matches people to volunteer projects across the nine-county metro area. Get your friends, family, co-workers, & neighbors involved! We have projects for all size groups, two people & up. You’ll be matched by your group’s interests & location preferences.

**University of Minnesota Extension, Anoka County ..... (763) 755-1280**

[www.extension.umn.edu/county/anoka](http://www.extension.umn.edu/county/anoka). Outreach arm of the U of M connecting community needs & University resources. Program emphasis includes 4-H Youth development & Master Gardener Program.