VOLUNTEER OPPORTUNITIES

Volunteer: To enrich your life by helping someone else.
Listed are some of the places in Anoka County seeking volunteers & a brief description. You might also wish to check with your local schools, churches, or other organizations that may be in need of volunteers.

Alexandra House, Inc. .......................................................... (763) 656-1368
www.alexandrahouse.org. Community based nonprofit organization that provided emergency shelter, support services, & community/legal advocacy to victims of domestic and sexual violence. A wide variety of volunteer opportunities are available. Contact the Volunteer Coordinator.

American Red Cross, Twin Cities Area Chapter.......................................................... (612) 871-7676

Anoka County Brotherhood Council (ACBC) .................................................. (763) 422-0046
www.acbcfoodshelf.org. Provides emergency food & used clothing to those in need. Variety of volunteer opportunities available.

Anoka County Community Action Program, Inc. (ACCAP).............................................. (763) 783-4717
www.accap.org. Volunteers needed for a variety of programs.

Anoka County Library .......................................................... See library list on page 100
www.anokalibrary.org. A variety of volunteer opportunities maybe available for both young people and adults. Call 763-576-4695 ext. 5238 or contact your local library for more information.

Anoka County Retired & Senior Volunteer Program (R.S.V.P.) ................................. (763) 422-7090
Offers opportunities to persons 55 & older to participate in their communities through volunteer services.

Anoka Regional Treatment Center .............................................................................. (651) 431-5000
Provides multi-disciplined treatment program for mentally ill & chemically dependent adults. Need volunteers to help during visiting hours or to help in the library. Psychiatric hospital has an auxiliary.

Anoka County Volunteer Transportation/MedLink .................................................. (763) 422-7087
www.co.anoka.mn.us/transit. Drive senior citizens, veterans, and clients to medical, dental, or social service appointments. Mileage reimbursed.

Arc-Greater Twin Cities ......................................................................................... (952) 920-0855
www.arcgreatertwincities.org. Information, referral, advocacy & support for individuals with developmental disabilities & their families. Volunteers needed for special events, mailings, clerical duties, & thrift stores.

Bar-None Residential Treatment Services for Children ............................................. (763) 753-2500
Big Brothers Big Sisters of the Greater Twin Cities ................................................................. (651) 789-2400
www.bigstwincities.org. Help children realize their full potential through a long term, 1-to-1 relationship with a caring adult. Children ages 7-12 years in need of an additional adult friend spend 2-4 times per month with their Big Brother or Big Sister doing fun activities & building a long term friendship!

Camilia Rose Care Center .......................................................................................................... (763) 755-8400
Provides long & short term skilled nursing care. A variety of volunteer opportunities include outing assistant, craft helper, musical performer, letter writer, pet visitor, bingo assistant, reader, etc.

CEAP (Community Emergency Assistance Program) ................................................................. (763) 783-4930
www.ceap.org. 1201 89th Ave NE #130, Blaine. Volunteers needed to sort & pack food at the food shelf, bread pick-up, receptionist, and data processing.

Chores & More

Fridley, Columbia Heights, Hilltop ............................................................................................ (763) 502-5151
All areas in Anoka County (ACCAP) ...................................................................................... (763) 783-4767
Housekeeping, minor home repairs, & seasonal chores. Groups welcome.

Confederation of Somali Community in Minnesota ............................................................... (612) 338-5282

Family Caregiver Connection .................................................................................................... (763) 422-6960
www.anokacounty.us/caregivers. Volunteers provide in-home visits with older adults living with chronic health issues. Respite volunteers provide safety & companionship with the older adult while the family caregiver gets a break. Volunteers are also needed to oversee older adults with chronic illness in a group setting with other volunteers & a parish nurse overseeing the program. Training is provided.

Foster Grandparent Program .................................................................................................... (651) 310-9448
www.seniorcorp.org. Serve in school or early childhood education setting helping children with special needs. Receive tax-free hourly stipend as well as travel allowance and meals on site.

Girl Scouts of Minnesota and Wisconsin River Valleys ..................................................... (651) 227-8835 or 1-800-845-0787
www.girlscoutsrv.org. Helps girls in grades k-12 build courage, confidence, & character to make the world a better place. Volunteers needed year round to be troop leaders, activity & special event helpers, & more.

Hands on Twin Cities ................................................................................................................ (612) 379-4900
www.handsonwincities.org. Several thousand volunteer opportunities available listed on our website.

Head Start, ACCAP .................................................................................................................... (763) 783-4300
www.accap.org. Programs in Anoka & Washington County. Volunteers needed in a variety of areas, including in the classroom, office, and as bus monitors. See program description under EARLY CHILDHOOD CARE / EDUCATION.

Home Delivered Meals (Meals on Wheels)

Low-cost, hot noon meals delivered Monday through Friday to residents who are at nutritional risk. Call the location serving your area:

Impact Services .......................................................................................................................... (763) 236-8718
Anoka, Champlin, Ham Lake, Andover, Ramsey, Oak Grove, Coon Lake, Linwood, Nowthen, St. Francis, Bethel, East Bethel, Circle Pines, Lino Lakes, Centerville, Lexington, and Columbus.
Meals on Wheels, Fridley, Spring Lake Park, Columbia Heights, & Hilltop..................................(763) 236-3636
Meals on Wheels, Coon Rapids and Blaine.................................................................(763) 489-3608

Kinship.......................................................................................................................... (763) 862-6755
www.kinship.org. Individuals, couples, & families mentor children from single parent homes, children of immigrants & refugees, & children of prisoners. Meet weekly doing low cost/no cost activities. Adults of all ages needed.

Linwood Senior Transportation Services ................................................................. (651) 462-5565
Volunteer drivers using their own vehicles to transport able bodied seniors living in Linwood.

“Make A Wish” Minnesota ......................................................................................... (612) 767-9474

Mediation Services for Anoka County ........................................................................ (763) 422-8878
www.mediationservice.org. Trained volunteers help Anoka County residents settle disputes such as neighborhood, landlord/tenant, employer/employee, consolidation court & family problems. Become a volunteer mediator. Training provided.

Metro North Adult Basic Education........................................................................... (763) 783-4731
www.metronorthabe.org. Volunteers needed to tutor adult learners with reading, English as a Second Language, & GED. Volunteers needed at various locations.

Second Harvest Heartland ......................................................................................... (651) 209-7939
www.2harvest.org. Email: volunteer@2harvest.org. Agency supplies food & grocery products to 1000+ member agencies & programs in Minnesota & Western Wisconsin. Runs MAC & NAPS programs. Group & individual volunteer opportunities available sorting, packing, & delivering food, & also support for special events.

Senior Companion Program ....................................................................................... (651) 310-9448
www.seniorcorps.org. Provide companion/friendship to homebound or isolated seniors. Training provided. Receives mileage & meal allowance. May also receive a stipend if income guideline criteria are met.

Senior Information Line, ACCAP ............................................................................... (763) 783-4707
www.accap.org. Volunteers needed to answer phones, refer clients to resources, & work on clerical projects. Training provided.

Springbrook Nature Center – City of Fridley............................................................. (763) 572-3588
www.springbrooknaturecenter.org. Provides environmental interpretive programming, recreation, & entertainment. Volunteers needed for animal care, trail maintenance, desk hosting, and special events.

Stepping Stones Emergency Housing ...................................................................... (763) 323-7006
www.steppingstonech.org. Provides emergency housing (60+ beds) and support to adults experience homelessness. A wide variety of volunteer opportunities are available. Contact the Volunteer Coordinator.

Tamarisk, Inc. ............................................................................................................ (763) 572-1950
www.tamarisk.org. Trained volunteers provide a caring presence through companionship and caregiver respite (at no expense) for families coping with life threatening illnesses.

The Family Partnership .............................................................................................(612) 341-1611
www.thefamilypartnership.org. Help your community by volunteering with Family & Children’s service. If you want to help a child succeed in school, work for social justice, or simply gain some experience, call our volunteer coordinator or visit our website.

Twice Nice Thrift Store, ACCAP ............................................................................................................ (763) 754-0935  
www.accap.org. 9201 South Highway Dr. Lexington, MN 55014. Offers household items, furniture, clothing, toys, books, shoes, & bedding. All gently used & reasonably priced. Volunteers needed. Hours: Monday thru Friday, 10:00am – 7:00pm and Saturday 9:00am – 5:00pm.

United Way Caring Connection .............................................................................................................. (612) 340-7440  
www.GTC.UW.org. Matches people to volunteer projects across the nine-county metro area. Get your friends, family, co-workers, & neighbors involved! We have projects for all size groups, two people & up. You’ll be matched by your group’s interests & location preferences.

University of Minnesota Extension, Anoka County ................................................................. (763) 755-1280  
www.extension.umn.edu/county/anoka. Outreach arm of the U of M connecting community needs & University resources. Program emphasis includes 4-H Youth development & Master Gardener Program.